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The invention relates to an additional information field DI in at least a group of headers 3 on an information carrier. The additional information field may be used to store information describing properties of the information carrier. This information can be stored in an information field DI of a single header or, alternatively, in the information fields DI of a sub-group of headers 3. When no information field DI is present in a second group of headers, a second synchronization field VFO2 may replace the information field DI.

Figure 3 to be added